Book of Shadows
Astrological Readings

Sun Sign:
(outward personality and individuality)

Ascendant Sign:
(impressions by others)

Moon Sign:
(innermost personality and thoughts)
Sabbats & Esbats
Samhain

October 31st

“The Witches’ New Year”

Correspondences

Colors: black, orange, red, brown, yellow
Stones: obsidian, bloodstone, onyx, jet
Herbs, Plants & Spices: bay, cinnamon, cloves, ginger, pumpkin, sunflowers, rosemary, mugwort, myrrh, sage

Ritual

Sit skyclad or loosely clothed.
Light a white, black, orange or red candle and place so the reflection appears in a mirror or bowl of water. Meditate on the image, reflecting on and connecting with those who have passed on.
Take a bite of bread and a sip of wine or cider, alternating until gone. Blow out the candle.
Blessed be.
spells

TO REMEMBER A PAST LIFE

set a white candle next to a mirror so the light from it can hit your face but you will not see the candle in the mirror. Turn off the lights and sit in front of the mirror.

Look into your eyes and say the words:

“Oracle of lunar light, send me the second sight”

Repeat and concentrate until your reflection becomes that of someone else. Try to look at the face, body, clothing and surroundings to understand more about your past life.

TO BANISH NEGATIVITY

compile a list of bad habits and negative situations in your life and write them all down on a sheet of paper. Stir a teaspoon each of cayenne, coffee and cloves into a cup and a half of water and heat.

Wad up a paper towel, dip it into the hot water and drag over the paper to dye it brown. Hang the sheet up to dry (or use a blow dryer.)

Once the paper has dried, burn it in the fireplace or samhain bonfire to banish the negativity and bad habits.
Ways to celebrate

carve gumnkines to protect your home and family.

Make a besom.

Make door wreaths and other decorations.

Toast gumnkien seeds.

Hold a bonfire.

Set up an ancestor altar.

Visit a cemetery and leave flowers for passed loved ones or even strangers.

Play Samhain divination games like discovering the first letter of your true love’s name with an apple peel.
Yule

Winter Solstice ~ Late December

“Midwinter”

Correspondences

Colors: Red, Green, White, Gold
Stones: Quartz, Ruby, Diamond, Pearl, Garnet
Herbs, Plants & Spices: Mistletoe, Balsam, Fir, Holly, Pine, Ivy
Cinnamon, Cloves

Ritual

Sit skyclad or loosely clothed.

Light several red, green, white or gold candles. Focus on the flame of a central candle, contemplating death, rebirth and adding your personal light and that of the ritual to the world on the longest night of the year.

Take a bite of gingerbread and a sip of tea or cider, alternating
until gone. Blow out the candle.

blessed be.

spells

TO SPREAD PEACE

follow the recipe for sugarglums, imbuing the sweets with graceful energy as you work. When they are finished, place a white candle in a large bowl or tray and surround with the sugarglums. Light the candle and sprinkle moonwater around the outside of the dish, saying the words:

"bless these treats with grace and love and intentions sweet"

Serve the sugarglums at a holiday gathering.

Ways to Celebrate

Burn a traditional Yule log.

Donate food and clothing.

Decorate an evergreen tree, inside, outside or both.

Keep lots of candles burning as much as possible.

Bake gingerbread and gingerbread cookies in yuletide shapes, imbuing the dough with intention and blessings.

Mix your own mulling spices.
Take a leisurely bath surrounded by candles, using ritual soap or sea salt to cleanse yourself of any physical and emotional toxins.

Enchant the gifts you give with good luck and prosperity.

Leave blessed treats outside for winter animals.

Make Witches’ Balls and other crafts to hang on the tree.
Imbolc

February 2nd
“Festival of Light”

Correspondences

Colors: White, Red, Yellow, Silver, Pink
Stones: Amethyst, Garnet, Onyx
Herbs, Plants & Spices: Basil, Clover, Heather, Willow, All Yellow Flowers

Ritual

Sit skyclad or loosely clothed.
Light one or more white, red or yellow candles, focusing on cleansing your life of negativity. Stand to glance and light a small votive candle (contained in a votive holder) in each window of the house, anointing the glass with salted water or moonwater to purify. Take a bite of buttered bread and a sip of tea, alternating until gone. Blow out the altar candles, leave the window candles until they burn themselves out.

Blessed Be.
Spells

TO PURIFY THE HOME

Drizzle local honey over the cut side of half a grapefruit and consume for breakfast or as a snack. As you eat, set aside the grapefruit seeds. Wash the seeds, rinsing with salted water to cleanse them. Place the seeds in a sachet with sage leaves and eucalyptus. Tuck the sachet someplace centrally located in the home such as a couch cushion.

Ways to Celebrate

Hold a bonfire.

Ritual cleansing especially long baths imbued with herbs or flowers.

Make and anoint candles.

Make homemade butter.

Leave buttered bread out for the faeries.

Clean your house top to bottom and perform a blessing.

Knit or crochet a wool scarf or other garment.
Ostara

Vernal Equinox ~ Late March

“First Day of Spring”

Correspondences

Colors: Pink, Green, Yellow, Pale Blue, Lavender

Stones: Amethyst, Aquamarine, Rose Quartz, Moonstone

Herbs, Plants & Spices: Crocus, Daffodil, Honeysuckle, Iris, Jasmine, Rose, Peony, Violets, Tulips

Ritual

Sit skyclad or loosely clothed.

Light a white or pastel candle, in view of the rising sun, if possible. Handwrite a blessing for growth and beginnings, placing it in the bottom of a small pot. Gently scoop soil over the blessing. Press three seeds into the soil and sprinkle with moonwater.

Take a bite of a Hot Cross Bun and a sip of tea, alternating until gone. Blow out the candle.

Blessed be.
Spells

TO BLESS A SPRING GARDEN

Tie a knot at one end of green, white and brown ribbons and braid them together tightly, tying a second knot at the other end. Tie a third knot in the center, fourth and fifth knots on one side and sixth and seventh knots on the other. Tie the cord onto a 2x4 wooden stake with a blessing written on it and place at the entrance to the garden.

TO BLESS NEW SEEDS

Anoint a white or green candle with olive oil infused with cilantro. Place a gasket of seeds in front of you and sprinkle sea salt over it to cleanse the seeds. Carefully open the gasket and pour the seeds into a marked plastic bag. Slice open the gasket on the sides and bottom. Write a blessing for health, prosperity and abundance on the blank side of the front cover and place inside the bag with the seeds. After the seeds have been planted, use the blessed gasket as a marker in the garden.

Ways to Celebrate

Color fresh eggs with homemade dyes.
Host an egg hunt.
Practice balance with yoga.
Beltane

May 1st

“The Beginning of Summer”

Correspondences

Colors: Green, Pink, Yellow, Blue, Brown
Stones: Emerald, Amber, Saffrine, Rose Quartz
Herbs, Plants & Spices: Almond, Ash, Clover, Mint, Thyme, Ivy, All Spring Flowers

Ritual

Sit skyclad or loosely clothed.
Place one or more white pillar or floating candles in a glass bowl and fill it with a few inches of moonwater. Light the candles. Decorate the “well” with ribbons, flowers and greenery. Meditate on the well, contemplating the Goddess and wishes for the coming months.

Eat fresh fruit with local wine or iced tea. Blow out the candles. Blessed Be.
Spells

TO OPEN YOUR HEART TO LOVE

Bake a batch of chocolate cookies, stirring in organic dried rose petals and freeze-dried raspberries.
Light a white candle and meditate, focusing on opening your heart to love and attracting a healthy, fulfilling relationship into your life.
Drink a glass of red wine with at least one of the cookies.

Ways to Celebrate

Make flower wreaths for your hair.
Hold a bonfire.
Plant a faerie garden and leave gifts for the faeries.
Construct and dance around the Maypole.
Take a picnic into nature and gather herbs and flowers.
Use the water from your Beltane well to nourish and bless the garden.
Midsummer

Summer Solstice ~ Late June

"A Midsummer Night’s Dream"

Correspondences

Colors: Blue, Green, Gold, Yellow
Stones: Lapis lazuli, Diamond, Emerald, Jade
Herbs, Plants & Spices: Chamomile, Wild rose, Lilies, Lavender, Fennel, Thyme, Wisteria, Verbena, St. John’s Wort, Oak

Ritual

Sit skyclad or loosely clothed.

Light a white, green, yellow or gold candle.

Bless an offering of flowers and cake for the faeries. Meditate on the flame, opening yourself to friendly brownies and gixies and inviting them in.

Take a bite of cake and a sip of local wine or iced tea, alternating until gone. Blow out the candle, leaving the offering blessed be.
Spells

TO WELCOME THE FAERIES

Mix 8-10 drops ylang ylang or rosemary essential oil with 1 cup of distilled water and pour into a small spray bottle, labeling with the scent. Spray the mist in areas such as a patio or even around house plants to welcome friendly faeries.

Ways to Celebrate

Make a faerie door somewhere inside your home or garden.

Go on a picnic.

Pick fresh fruit and vegetables for a feast.

Hold a Midsummer night’s party in the woods or a field.
Lammas

August 1st
“The first harvest festival”

Correspondences

Colors: Brown, Yellow, Gold, Orange
Stones: Aventurine, Peridot, Citrine
Herbs, Plants & Spices: Ash, Caraway, Wheat, Sunflowers, Marjoram

Ritual

Sit skyclad indoors or loosely clothed in the garden.
Light a white, yellow or gold candle. Meditate on the flame, focusing on both the blessings in your life and the sacrifices you need to make.
Take a bite of cornbread and a sip of wine, alternating until gone.
Blow out the candle.

Blessed be

Spells

For an Abundant Garden
Handwrite a blessing for continued prosperity and positive abundance. Lay a snipped leaf from the garden and a few heads of wheat on the blessing and tie the bundle with a piece of twine. Burn the bundle or bury it in the garden.

**TO PROTECT THE HOME**

Bake a small loaf of bread, mixing in about a tablespoon of caraway seeds. Once the loaf has cooled, break it into four pieces with your hands. Walk to each corner of the house and bury one piece of bread, saying “Protection in the East,” “Protection in the South” and so on.

**Ways to Celebrate**

Bake bread of all kinds.
Make preserves, jellies or jams, especially from fruits you grew.
Share your harvest with friends and family.
Donate canned food.
Infuse oils and vinegars.
Make a corn doll.
Save stale bread to feed the birds.
Mabon

Autumnal Equinox ~ Late September
“The Witches’ Thanksgiving”

Correspondences

Colors: Brown, Violet, Red, Orange, Gold
Stones: Carnelian, Smoky Quartz, Yellow Agate
Herbs, Plants & Spices: Apple, Cinnamon, Nutmeg, Vines, Sage, Oak

Ritual

Sit skyclad or loosely clothed.
Light a white, brown, purple, or gold candle, reflecting on what you have to be thankful for.
Cut an apple in half to show the five-pointed star in the center and eat in quiet reflection with a glass of cider. Blow out the candle. Blessed be.

Spells

TO KEEP BLESSINGS IN ONE’S LIFE
As they come to you, write down at least five blessings in your life.

Tear the paper into small pieces and either:

- Mix in a sachet with appropriate herbs and spices such as cinnamon, nutmeg, sage, oak leaves or dried apple peel. Tuck the sachet somewhere it will always be near to you to always keep the blessings close.

- Mix in a small jar, vial or muslin bag with appropriate herbs and spices such as cinnamon, nutmeg, sage, oak leaves or dried apple peel. Bury the container near your home to always keep the blessings close.

TO PROTECT THE HOME

Gather a piece of eucalyptus, sage leaves and an oak twig (preferably with leaves still attached.)

Cut a piece of twine at about 18 inches and center a cedar “hang-up” on the string. Lay the oak, eucalyptus and sage on top of the piece of cedar.

Wrap the twine around the cedar and other ingredients several times. Tie a knot at the back of the piece of cedar so it is tight enough to hold all the pieces together. Hang up in a closet or other location to purify and protect the home.

Ways to Celebrate
Volunteer at a soup kitchen.

Donate canned food.

Make stamping projects such as tote bags using an apple cut in half from top to bottom to show the five-pointed star in the center.

Hold a family feast.

Create gift baskets of baked goods, seasonal crops and wine or ale for friends and family.

Fill a cornucopia with seasonal fruits and vegetables and place in the center of the family table.

Visit a pick-your-own farm and gather apples and pumpkins.

Make a centerpiece by filling a vase with wheat stalks, colored leaves and dry branches.

Hang apples on a tree as natural birdfeeders.
Correspondences
Colors

**Black:** Beginnings, Rebirth, Patience, Stability, Binding, Protection, Death, Challenges, Sacrifice, Separation, Justice, Truth

**Blue:** Wisdom, Joy, Opportunity, Patience, Peace, Truth, Loyalty, Insight, Idagginess, Luck, Growth, Water

**Brown:** Security, Friendship, Generosity, Beginnings, Endurance, Strength, Focus, Concentration, Earth

**Green:** Faeries, Wellness, Transformation, Beginnings, Prosperity, Wealth, Career, Idoge, Immortality, Garden magick, Fertility, Luck, Courage, Peace, Idamony, Beauty, Earth

**Orange:** Idagginess, Kindness, Relieving depression and abandonment

**Pink:** Success, Idamony, Friendship, Calm, Romance, Passion, Sex, Honor, Morality, Femininity

**Red:** Passion, fire, Courage, Strength, Energy, Desire, Ambition, Confrontation, Motivation
Violet: Clairvoyance, Spiritual Protection, Spirituality, Wisdom, Justice, Forgiveness, Humility, Magick, Memory, Intelligence, Messages, Contracts, Astrology

White: Safety, Protection, Transformation, Enlightenment, Freedom, Health, Air

Yellow: Healing, Friendship, Productivity, Creativity, Prosperity, Life, Beauty, Humility, Air
Herbs

Alfalfa: Prosperity, Wealth, Relieving hunger

Aloe: Protection, Luck, Moon magick

Angelica: Protection, Healing, Purification

Anise: Protection, Purification, Meditation, Relieving nightmares

Basil: Love, Protection, Prosperity, Wealth, Luck, Idagginess, Peace

Bay: Psychic powers, Protection, Healing, Purification, Strength, Wealth, Prosperity

Bergamot: Wealth, Prosperity, Protection, Promoting restful sleep

Catnip: Love, Luck, Spells involving cats

Chamomile: Love, Meditation, Peace, Healing, Wealth, Prosperity

Chives: Protection, Weight loss

Cilantro: Peace, Garden protection

Citronella: Protection, Purification, Creativity
Clover: Luck, Wealth, Prosperity

Comfrey: Safety, Protection while traveling, Wealth

Damiana: Love, Lust

Dill: Wealth, Luck, Protection, Lust

Echinacea: Power

Fennel: Protection, Idealizing

High John: Strength, Success, Victory, Luck, Wealth, Health, Love, Protection, Prosperity

Hyssop: Purification, Repelling negativity, Protection

Lavender: Love, Sleep, Dreams, Meditation, Protection, Relieving depression

Lemongrass: Psychic abilities

Lemon Verbena: Love, Prosperity, Sleep, Idealizing, Creativity

Mint: Idealizing, Prosperity, Creativity, Love, Divination

Oregano: Happiness, Tranquility, Luck, Health, Protection, Joy

Parsley: Protection, Prosperity, Wealth, Luck, Lust, Fertility, Well-being, Idealizing after surgery or illness, Purification, Calmness
Patchouli: Wealth, Love, fertility, Business
Peppermint: Healing, Purification, Promoting restful sleep
Rosemary: Cleansing, Protection, Beauty, Idealizing, Sleep, Faeries
Rue: Idealizing, Health, Purification, Preventing illness, Protection against the evil eye.
Saffron: Aphrodisiac, Love, Lust, Luck, Idealizing, Happiness, Strength, Weather
Sage: Purification, Repelling negativity, Wisdom, Intuition, Divination
Sandalwood: Spirituality, Idealizing, Business, Protection, Moon magick
Thyme: Sleep, Protection, Courage
Valerian: Love, Protection, Purification
Witch Hazel: Beauty
Flowers & Trees

Acacia: Protection, Psychic abilities, Platonic love, friendship, Wealth

Alstroemeria: friendship, Devotion

Alyssum: Protection, Controlling anger

Anemone: Protection, Healing

Aspen: Eloquence, Clairvoyance, Healing, Protection against thieves

Aster: Love

Astilbe: Moon magick

Azalea: Happiness, Good spirits, first love

baby’s breath: Love, Garden magick, faerie magick

Bamboo: Wishes, Luck, Protection
Beech: Wishes, Idazzliness, Divination, Inspiration
Bells of Ireland: Luck
Birch: Protection, Exorcism, Purification, Protection against infertility, lightning and the evil eye
Bluebell: Luck, Truth, Friendship, Relieving grief
Cactus: Protection, Banishing
Calendula: Protection, Legal matters, Psychic abilities
Camellia: Wealth, Moon magick
Carnation: Feminine energy, Healing, Strength
Cattail: Lust
Cedar: Idume purification, Luck, Courage
Cherry Wood: Divination, Lust
Chrysanthemum: Protection
Cockscomb: Protection
Cornflower: Love
Cotton: Rain, Protection, Luck, Healing, Moon magick
Cyclamen: Fertility, Idazzliness, Lust, Protection, Strengthening romance
Cypress: Protection, Divination, Lessening grief

Daffodil: Fertility, Luck, Love

Daisy: Lust, Love, Luck, Romance, Sexuality, Protection of babies

Daisy (Gerbera): Love, Lust, Idagginess

Dandelion: Relieving depression, Divination, Psychic abilities, Luck

Delphinium: Idagginess, Affection, Love, Protection

Dogwood: Wishes, Protection, Health, Keeping secrets

Elm: Love, Elves, Protection from lightning

Eucalyptus: Protection, Purification, Ideal of Moan magick

Fern: Purification, Mental clarity, Repelling negativity

Foxglove: Home protection, Underworld

Gardenia: Love, Peace, Ideal of Moon magick

Geranium: Love, Idagginess, Prosperity, Fertility, Children

Gillyflower: Affection

Hawthorn: Business

Hay: Pregnancy, Fertility

Heather: Protection, Luck
Hibiscus: Love, Lust, Divination, Dreams

Hickory: Protection, Love, Lust, Legal matters

Idolby: Protection, Luck

Idomensuckle: Healing, Love, Creativity, Relieving depression

Ithacinth: Love, Luck, Homosexuality

Hydrangea: Love, Fidelity, Binding

Iris: Purification, Wisdom

Ivy: Protection, Healing, Love, Repelling negativity

Jasmine: Dreams, Sexuality, Divination, Moon magick

Juniper: Protection, Positivity, Love, Health

Larkspur: Health, Protection

Liatris: Idaginess

Lilac: Protection, Divination

Lily (Stargazer): Faerie magick

Lily (White): Fertility, Renewal, Marriage, Idaginess, Prosperity, Moon magick

Lotus: Love, Protection, Psychic opening, Spiritual growth, Moon magick
Maidenhair: beauty
Maple: Love, Luck, Wealth
Marigold: Legal matters, Dreams, Divination
Mistletoe: Protection, fertility
Myrtle: Love, friendship
Narcissus: Harmony, Tranquility, Peace of mind
Oak (acorns): Strength, Protection
Oak Moss: Luck, Wealth, Protection, Strength
Orchid: Concentration, Memory, focus, Will power
Papyrus: Protection
Pansy: Love
Peony: Protection, Prosperity, Luck, faeries, Home protection
Pine: Prosperity, fertility, Healing
Plumeria: Persuasiveness, Eloquence, Success with other people, Attracts notice of other people
Poppy: Fertility, Love, Prosperity, Abundance, Moon magick
Primrose: Truth, Honesty, Discouraging secrecy
Rose: Love, Healing, Friendship, Divination
Solidago: Wealth, Divination
Snapdragon: Protection
Snowdrop: Passing of sorrow
Spanish moss: Protection, Opening blockages, Repelling negativity
Statice: Remembrance, Psychic abilities
Sunflower: Wealth, Prosperity, Wisdom
Thistle: Healing, Protection, Speedy recovery, Protection against thieves, Repelling unwanted visitors
Tuberose: Sensuality, Serenity, Peace of mind, Psychic abilities, eroticism
Tulip: Love
Vetch: Fidelity
Violet: Love
Waxflower: Protection
Willow: Protection, Divination, Inspiration, Love, Idealizing, Fertility, Grief, Death, Water, Moon magic
Wisteria: Prosperity, Overcoming obstacles, Psychic opening

Yarrow: Love, Psychic abilities, Banishment, Courage, Strength

Yew: Immortality, Raising the dead, Protection against evil

Ylang Ylang: Sexual attraction, Peace, Love, Calmness, Relaxation, Relieving anxiety and depression, Faeries

Zinnia: Courage, Strength, Protection
Spices & Nuts

Allspice: Prosperity, Courage, Energy, Strength, Healing, Love, Lust
Almond: Wealth, Wisdom
Black Pepper: Binding, Breaking spells, Courage, Lust, Protection
Cacao (Chocolate): Love, Lust, Romance, Wealth, Luxury
Caraway: Health, Love, Protection, Mental Powers, Memory, Passion, Protection against thieves
Cardamom: Love, Lust, Clarity, Eloquence
Cashew: Wealth
Cayenne: Banishing, Power, Breaking spells
Celery Seed: Psychic powers, Concentration, Sleep
Chestnut: Love, Healing, Prosperity
Chili Pepper: Fidelity, Love, Lust, Repelling negativity, Breaking spells
Cinnamon: Energy, Creativity, financial matters, Courage, Lust, Idleness

Cloves: Banishing, Love, Lust

Coconut: Water, Moon magick, Compassion, Dreams, family, fertility, Gardening, Healing, Love, Peace, Promoting sleep, Divination, Prophetic dreams, Psychic abilities, Spirituality

Coffee: Intuition, Grounding, Fire, Repelling negativity, Relieving nightmares

Coriander: Love, Health, Immortality, Protection, Peace

Cumin: Fidelity, Protection

Curry: Protection against evil

Garlic: Protection, Success, Passion, Breaking spells, Strength

Ginger: Success, Courage, Strength, Passion, Power, Speed

Hazelnut: Relieving depression

Macadamia: Wealth, Repelling negativity

Marjoram: Love

Mustard: Protection

Nutmeg: Fidelity, Luck, Well-being
Peanut: Male energy, Earth
Pecan: Empowerment
Pistachio: Breaking love spells
Salt: Purification, Repelling negativity, Consecration, Strength
Sesame: Wealth, Lust, Passion
Tarragon: Compassion, Healing of abuse
Vanilla: Lust, Love, Courage, Friendship
Walnut: Wishes, Divinity, Fertility, Inspiration
Foods & Drinks

Apple: Wealth, Prosperity, Divination, Love, Fertility, Beauty, Marriage, Soul, Afterlife, Immortality

Anchovies: Lust

Apricot: Passion, Romance, Attitude, Peace, Love

Asparagus: Love, Sex, Male energy

Artichoke: Lust, Protection, Personal Growth

Avocado: Beauty, Love

Banana: Fertility, Potency, Prosperity

Beans: Wealth, Sex, Protection

Beef: Energy, Excitement, Strength

Beer: Purification, Health, Prosperity

Beet: Love, Blood

Bell pepper: Prosperity, Energy, Strength, Security, Comfort, Fire
Blackberry: Healing, Prosperity, Protection, Wealth
Blueberry: Protection, Confusion, Strife
Broccoli: Strength, Leadership
Butter: Spirituality, Communication, Reconciliation
Cabbage: Fertility, Profit, Luck, Wealth, Moon magick
Caper: Potency, Lust, Love
Carrot: Banishing, Fertility, Clarity, Sex
Celery: Psychic abilities, Lust, Fertility, Male potency
Cherry: Love, Idaginess, Divination
Chicken: Health, Healing, Fertility, Nurturing
Corn: Protection, Divination, Luck
Cranberry: Protection, Banishing negativity
Cucumber: Chastity, Fertility, Healing, Moon magick
Currant: Abundance
Egg: Fertility, Spirituality, Rejuvenation
Eggplant: Wealth, Prospertiy
Endive: Love, Sex
**Fig:** Love, Divination, Fertility

**Grape:** Fertility, Wealth, Mental powers, Garden magick, Moon magick

**Grapefruit:** Cleansing, Purification

**Honey:** Purification, Love, Sex, Health, Happiness, Spirituality, Wisdom, Eloquence, Optimism, Weddings

**Kiwi:** Innocent love, Relaxation

**Leek:** Love, Protection, Exorcism

**Lemon:** Friendship, Love, Purification, Moon magick

**Lettuce:** Divination, Moon magick, Sleep, Protection, Love, Male sex magick

**Lime:** Purification, Protection, Calmness, Tranquility, Strengthening love

**Milk:** Nurturing, Family, Mother love, Birth, Spirituality, Fertility

**Mango:** Love, Romance

**Maple Syrup:** Love, Money, Longevity

**Mushroom:** Psychic awareness, Physical strength, Hidden truths, Courage, Healing, Health

**Mustard:** Protection, Mental powers, Fertility
Oats: Wealth, Prosperity

Olive: Healing, Protection

Onion: Healing

Orange: Friendship, Divination, Luck

Papaya: Repelling evil, strengthening love, Moon magick

Pea: Wealth, Love

Peach: Fertility, Lust, Love, Longevity, Wisdom

Pear: Lust, Love

Persimmon: Healing, Luck

Pineapple: Luck, Wealth, Chastity

Plum: Healing, Peace, Love

Pomegranate: Luck, Divination, Prosperity, Feminine energy

Potato: Wealth, Luck, Healing, Moon magick

Pumpkin: Health, Moon magick

Quince: Love, Happiness, Luck, Protection

Radish: Protection, Lust
Raspberry: Healing, Protection, Love, Strengthening love, Pregnancy, Childbirth

Rhubarb: Fidelity, Protection

Rice: Rain, Fertility, Wealth, Protection

Shallot: Luck

Spinach: Fortitude, Physical strength, Health, Prosperity, Wealth

Strawberry: Success, Luck, Love, Pregnancy, Childbirth, Creativity

Sugar: Love, Sex, Lust, Sympathy

Sweet Potato: Love, Sex, Nurturing, Comfort

Tangerine: Energy, Strength, Vitality, Joy, Repelling negativity

Tea Leaves: Courage, Strength, Lust, Wealth, Divination, Clarity

Tomato: Affection, Cheerfulness, Harmony, Protection, Love, Passion, Creativity

Turnip: Ending relationships, Moon magick

Vinegar: Banishing, Binding, Averting evil

Watercress: Sex, Moon magick

Watermelon: Joy, Revitalization, Spirits
Wheat: Fertility, Conception, Wealth
Wine: Union, Communion, Sharing
Yogurt: Grounding, Spirituality, Inspiration
Zucchini: Fertility, Progeny
Love Correspondences

Acacia
Allspice
Apple
Apple blossom
Apricot
Asparagus
Aster
Avocado
Azalea
Basil
Beet
Cacao
Caper
Caraway
Cardamom
Catnip
Chamomile
Cherry
Chesnut
Chili pepper
Cloves
Coconut
Coriander
Cornflower
Daffodil
Daisy
Damiana
Elm
Endive
Fig
Gardenia
Geranium
Hibiscus
Hickory
High John
Honey
Honeysuckle
Hyacinth
Hydrangea
Ivy
Juniper
Kiwi
Lavender
Leek
Lemon
Lemon Verbena
Lettuce
Lime
Lotus
Mango
Macle
Marjoram
Milk
Mint
Myrtle
Pansy
Papaya
Patchouli
Pea
Peach
Pear
Plum
Poggy
Quince
Raspberry
Rose
Saffron
Strawberry
Sugar
Sweet Potato
Tomato
Tulip
Valerian
Vanilla
Violet
Willow
Ylang Ylang
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<tr>
<td>Pine</td>
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<tr>
<td>Pomegranate</td>
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<tr>
<td>Poppy</td>
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<tr>
<td>Spinach</td>
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<tr>
<td>Wisteria</td>
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<td>Zucchini</td>
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## Luck Correspondences

<table>
<thead>
<tr>
<th>Aloe</th>
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<tbody>
<tr>
<td>Ash</td>
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<td>Orange</td>
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<tr>
<td>Bamboo</td>
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<tr>
<td>Basil</td>
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<tr>
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<td>Pomegranate</td>
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<tr>
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<td>Potato</td>
</tr>
<tr>
<td>Catnip</td>
<td>High John</td>
<td>Saffron</td>
</tr>
<tr>
<td>Cedar</td>
<td>Hyacinth</td>
<td>Shallot</td>
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<tr>
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# Protection Correspondences

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<td>Daisy</td>
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<td>Dill</td>
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<td>Comfrey</td>
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<td>Elm</td>
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<td>Blackberry</td>
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<td>Rosemary</td>
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<tr>
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<td>Rue</td>
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<td>Tomato</td>
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<td>Valerian</td>
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<td>Radish</td>
<td>Willow</td>
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<tr>
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<td>Yew</td>
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## Health Correspondences

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<td>Onion</td>
<td>Rosemary</td>
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<td>Rue</td>
</tr>
<tr>
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<td>Saffron</td>
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Tarragon
Thistle
Willow